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## Research Article

### From Expression to Connection: Decoding Sana All's Linguistic Meanings in Communication Context

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#### ABSTRACT

Every age group and generation uses different lingo, jargon, and forms of communication in casual conversations. These lingos could be introduced by the fashions, significant events, radio shows, movies, TV shows, songs, and literature of their time, among many other devices. Additionally, technology has changed some words, adding new ones that are more inventive and simpler to type.

The study aimed to analyze the linguistic meaning of "Sana All" used by the Grade 11 Senior High School students in Cotabato City National High School – Annex (Buaya-Buaya Site). Colaizzi's phenomenological method of inquiry was employed in this study. The researcher utilized the Focal Group Discussion (FGD) in gathering data.

The study's findings revealed that the phrase "Sana All" is used by student participants in Social Media, School, Home, and the Real World. The phrase connotes admiration, appreciation, wishing for something to happen, and strengthening relationships with others. Various meanings were generated depending on the communication setting.

The researcher concluded that students use the phrase "Sana All" in various communication settings. They use this phrase when wishing, admiring, appreciating, and strengthening relationships with others.

Finally, the researcher produced a linguistic concept on the teaching strategies on pragmatics and semantics where the teacher can adopt the trendy phrase to be included when teaching the linguistic concept of pragmatics and semantics.

**Keywords:** *Communication, Context, Decoding, Linguistics, Linguistic concept, Sana all*

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## Introduction

Every generation or age group has unique communications, jargon, or lingo in casual conversations. Their era's trends, famous events, movies, television shows, radio programs, songs, and literature, among many other machineries, could introduce these lingos. Also, technology has changed words and introduced easier ones to type and innovate. The digital natives, or the "millennials," are the ones who are creatively using them. Monro (2016) reported that the millennial language is a rich source of new words and phrases quickly adopted by the mainstream.

The advent of social media has been influencing the terms used in today's communication. It is a mix of shorthand, conjoined words, abbreviations, and phrases that came about because of a meme or even a mistake on social media that people found funny and helpful in communicating in a digital age. To name a few, these are "the struggle is real," which means they are annoyed; "sorry not sorry," which means fake apologies; and "Hundo P," which means a hundred percent (Brandon, 2018)

In the Philippines, a nation with diverse languages and cultures, some Filipinos learn expressions and words from millennials to help them connect to other people, understand their culture, and integrate their lives. However, using these expressions can also make people look foolish, uneducated, and potentially disrespectful. The Philippines is considered one of the countries with the most diverse cultures and languages. Filipino language has been said to be a union of different countries from west to east.

One of the new words or phrases the 21st-century learners use is "Sana All." This bilingual phrase is one of the trending words in the Philippines and other countries where Filipino people live. Saying "Sana All" invokes socialism (Marx & Engels, 2018). These millennial words get thrown around on the internet, in school, and even among peers, but the real meaning in the dictionary is still unwritten and undocumented.

Moreover, students nowadays are great imitators in learning words from celebrities. They quickly admired people with unique skills and

talents in different aspects of life. Indeed, one of the words commonly used by the students in the different communication settings is "Sana All."

In Cotabato City National High School – Buaya-Buaya Site, students predominantly use this trending phrase. In some cases, the teachers and school heads could not cope with the students' use of this phrase. Hence, the usage creates misunderstanding.

This research is uniquely positioned to address gaps in the use of "Sana All" in terms of its linguistic meanings in the context of communication in Cotabato City National High School – Annex (Buaya-Buaya Site), Cotabato City. Research and discussions on the linguistic meaning of "Sana All" in various communication settings are only addressed to show commitment to educational institutions or when an educational issue crops up. It is in this context that the researcher finds this study relevant.

## Statement of the Problem

The study aimed to analyze the linguistic meaning of "Sana All" used by the Grade 11 Senior High School students in the context of communication in Cotabato City National High School – Annex (Buaya-Buaya Site).

Specifically, this study sought to answer the following queries:

1. In what communication setting do students use "Sana All"?
2. What does "Sana All" mean in the identified communication setting?
3. What linguistic concept can be produced based on findings?

## Review of Related Literature

### *Language and its Evolution*

The evolution of language is the gradual change in human language over time. It involves the origin and divergence of languages and language families and can be considered analogous to biological evolution, although it does not necessarily occur through the exact mechanisms (Strongman, 2017).

One of the competing theories posed by linguist Noam Chomsky and evolutionary biologist Stephen Jay Gould is that language evolved due to other evolutionary processes,

essentially making it a by-product of evolution and not a specific adaptation. The idea that language was a spandrel, a term coined by Gould, flew in the face of natural selection. Gould and Chomsky pose the theory that many human behaviors are spandrels. These various spandrels came about because of a process Darwin called "pre-adaptation," which is now known as exaptation. This is the idea that a species uses an adaptation for a purpose other than what it was initially meant for (Bryant, 2017).

In addition, language has two fundamental aspects: shape and meaning. Shape is split into three, namely sound, text, and structure. The meanings are classified into lexical, functional, and structural. The language's use can vary in pronunciation, social state, social groups, and others. Languages are a system that can be understood by all speakers but said words do not reflect the collection of homogenous human society. There are two perspectives on a wide variety of languages; the first variation or diversity of languages can be seen as a result of social diversity and the speakers of the language function. Second is the variation or diversity of languages that already exists to fulfill its function as a means of interaction in various community activities.

In contemporary times, most theorists agree that language has arisen because of the interaction of three complex adaptive systems: biological evolution, human learning, and the acquisition and sustainment of human culture. Language is also inherently combinatorial, with syntax leading to semantics (Strongman, 2017).

#### *Texts and their Meanings in the Context of Communication*

Communication is sending and receiving messages through verbal or nonverbal means, including speech or oral communication, writing, and representation. In communication and composition, context refers to the words and sentences that surround any part of a discourse, and that helps to determine its meaning (Nordquist, 2020)

In a broader sense, context may refer to any aspects of an occasion where a speech act occurs, including the social setting and the status of the speaker and the person being addressed.

The choice of words is constrained by the context in which people use the language. In everyday use, almost every word has many shades of meaning and therefore needs to be interpreted by the context", Nordquist (2020).

British linguist Halliday states that meaning should be analyzed within the linguistic system and consider the social system in which it occurs. In order to accomplish this task, both text and context must be considered. Context is a crucial ingredient in Halliday's framework. Based on the context, people make predictions about the meanings of utterances", Mayes 2015 as cited by Salendab, 2021)

#### *Language of Millennial*

Language is a powerful concept because it can shape one's identity ultimately. Using words and phrases significantly impacts individuals' thoughts and character/personal identity. In order to maintain respectful social standards in society, a person is responsible for developing a self-identity that is unique from others. Language is a key for everyone that would aid in conforming to a new society and people. (Thygarajana, 2016).

Millennial language is a rich source of new words and phrases which, as fast as this generation creates them, are quickly adopted by the mainstream. It is also the product of the millennial generation's relationship with the older generations, Generation X and the Baby Boomers, and the product of the tech revolution. Millennials, also known as Gen Y, were born in the '80s and '90s and are the generation that is totally at ease with electronic gadgetry and internet technology, and all the concepts around this 21st Century's Technological revolution (Monro, 2016),

Hannah Baker (2016) explained in her article that millennials are at the forefront of this change, which is to be expected. For decades, the youngest generations have always been the ones to establish language shifts. They may do it as a way to create a generational identity or as a way to gain power in a situation where they do not typically have it. Moreover, it is the nature of the millennials to connect and build rapport with others to feel a sense of belongingness.

Maslow's (1962) hierarchy of needs theory has significantly contributed to society. He pointed out that most individual behavior is multi-motivated; people are motivated to achieve specific needs, and some needs take precedence over others. The need for interpersonal relationships motivates behavior.

Generally, communication plays a vital role in the holistic development of the learners (Salendab, 2023). Learners communicate as their natural activity for them to survive and interact with other people. With the advent of modern technologies, people have made communication or conversation more exciting as the world enters a new chapter dominated more and more by the internet culture.

Most social interactions are now influenced by memes, dynamic social media platforms, and the desire to be unique, heard, and belong to a particular group of people who perceive it as "cool. The ones who created these trendy words are the digital natives or the millennials.

According to Monro (2018), the Millennial language is a rich source of new words and phrases created by this generation and quickly adopted by the mainstream.

Filipino millennials also adopted these words and phrases to make communication funnier and more exciting and strengthen their bond with their peers, relatives, and friends. Such a word or phrase that they commonly use now in the mainstream is the phrase "Sana All."

In this study, "Sana All" is the phrase used by the students in various communication settings when they meant to hope, wish, and appreciate something positive. This phrase was commonly used in school and the natural world of social media. Others were also using this phrase at home; however, they could not use it because their parents could not relate to them, and they were reprimanded upon using it.

Since the phrase is now commonly used, teachers should modify their teaching strategies/approaches and adopt the trendy words to be included as examples in classroom discussions. They should analyze this phrase and find out the real meaning of these words used by 21st-century learners.

## **Methods**

This paper made use of a qualitative design employing phenomenology. Denzin and Lincoln (2011), as cited in Fukofuka (2014), define qualitative research as the study of things in their natural settings, attempting to make sense of or interpret phenomena regarding the meanings people bring to them. Moreover, according to Creswell (2014), qualitative study is an inquiry process of understanding a social or human problem based on building a complex, holistic picture formed with words, reporting detailed informants' views, and conducted in a natural setting.

The researcher used the phenomenological method because it aimed to describe, understand, and interpret the meanings of experiences of human life. Phenomenology also helps understand the meaning of people's lived experiences (Husserl, 1939).

Colaizzi's phenomenological method of inquiry was used as the basis of inquiry in this study. Colaizzi's (1978) method of data analysis is a rigorous and robust qualitative method that the researcher uses to find, understand, and describe the phenomenon.

## **Participants**

The study participants were twenty (20) Grade 11 Senior High School students of Cotabato City National High School – Annex (Buaya-Buaya Site) who were officially enrolled for the 2019-2020 school year. This class was composed of only one (1) section. The researcher chose these participants because they regularly attended classes and used the trendy phrase "Sana All" in conversations in school, on social media, in the real world, and at home.

## **Research Instrument**

The researcher utilized the Focal Group Discussion (FGD) in gathering data. The discussion items were formulated based on the review of related literature. It contains the linguistic meaning of "Sana All" in the context of communication and has two major items. The first item discussed the communication setting, where the participants used "Sana All."

This item consisted of two (2) sub-items. The two (2) sub-items answered the meaning of "Sana All," including the question that answered where the participants used the phrase "Sana All." The second item answered the meaning of "Sana All," as used in the identified communication setting.

### **Data Analysis**

After interviewing the participants, the data were organized, analyzed, and interpreted. Through the researchers' interaction with and immersion in the raw data, findings in patterns, themes, or the emergence of categories show the essence of the inductive form of qualitative data analysis. Word Cloud Application was used to determine the emerging themes and patterns.

The researchers used content analysis to demystify school heads' conditions and describe and explain the experiences of teachers in Communities of Practice and Technical Assistance based on the results of Colizzi's thematic analysis. This referred to the process of categorizing speech or behavioral data. This technique involves rewriting the stories that respondents had provided, taking into account the particulars of each instance and the varied experiences of each responder. In other words, content analysis is the researcher's modification of original qualitative data using a thematic framework. Finally, Colizzi's thematic analysis was also used.

### **Ethical Consideration**

Ethical considerations can be specified as one of the most critical parts of qualitative research. Research participants should not be subjected to harm in any way whatsoever. Respect for the dignity of research participants should be prioritized (Maher et al. 2018).

## **Result and Discussion**

### **"Sana All" as used in the Communication Setting**

*Table 1. Meaning of "Sana All" as Used in Various Communication Settings*

Communication Setting	Meaning in Context
1. Social Media	For expression, group belongingness, part of the fad, for admiration, to influence others, giving comments, form of connection and to wish for something good

The researcher followed the protocols before the conduct of the research. He prepared and sent letters to the concerned individuals for permission to conduct the study up to the data-gathering protocols.

Moreover, the confidentiality of the student-participants' identities was also secured through codes. The researcher assured the confidentiality of student participants through proper orientation before the conduct of the Focal Group Discussions.

Furthermore, to ensure the process is trustworthy, the researcher used four (4) criteria proposed by Guba and Lincoln (1989): credibility, transferability, dependability, and confirmability.

The researcher applied prolonged engagement and invested sufficient time in the student participants to address credibility. Because qualitative research is specific to a particular context, the researcher collected all relevant data and filed it in a folder that served as a backup of the research output. This folder contains documents about the research that will be made available when the other researchers need information. In addition, the researcher also secured the dependability of the study. He described the process sufficiently to facilitate another researcher to repeat the work. This requires a detailed audit trail.

Finally, to minimize investigator bias by acknowledging researcher predispositions. The researcher addressed confirmability through results confirmation of the related research. He read a lot of related articles about the research and asked some students about the phrase "Sana All" to ensure that all gathered data were true and correct.

Communication Setting	Meaning in Context
2. School	For proof of being millennial, when project is accomplished, for compliment, recognition, sense of belongingness, appreciation and a form of amazement
3. Home	For comfort zone, proof of being millennial and to relate with siblings
4. Real World	To connect and build rapport, for wishing for

Table 1 shows the meaning of "Sana All" used in various communication settings. Communication settings include SocialMedia, School, Home, and the Real World.

Table 2. Meaning of "Sana All" as used in Social Media

Communication Setting	Meaning in Context
Social Media	a. An Expression
	b. Group Belongingness
	c. Part of the Fad
	d. Admiration
	e. To influence others
	f. Giving Comments
	g. A form of connection

Table 2 reflects the emergent meaning of using "Sana All" in social media. As reflected, most student participants used the phrase in social media primarily as a form of expression, group belongingness, peer factors, part of the fad, admiration, influence others, giving comments, a form of connection, and wishing for something good.

### **As an Expression**

Expression is the act of putting thought into verbal form, which involves the encoding or creation of a text or utterances. Students nowadays use different expressions for personal identity. Thyagarajana (2016) posited that using words and phrases significantly impacts individual thoughts and character/personal identity. In this context, the student-participants engage in languages as both a speaker/listener and a writer/reader, and this engagement involves both acts of expression and communication. Some of the participants of this study used "Sana All" as a form of expression when using social media. Moreover, one of the student participants revealed that:

*"I used "Sana All" as a form of expression, especially when using social media. The "Sana all" was frequently used in social media because it is a good venue for*

*socializing with classmates and Filipino netizens. I could confidently and joyfully express "Sana All" when using social media because of Chika's newest trends on my wall. (Participant 6)*

The response above implied that the participant used "Sana All" as an expression. The phrase is used mainly when the participant uses social media and in school. Based on the statement above, "Sana All" is frequently used in social media and school because it serves as the venue to socialize with their classmates and other Filipino netizens. It was also noticed that the participant can confidently and joyfully express the expression "Sana All" when using social media.

Another participant shared:

*"My purpose is just to express my admiration with my classmates and my crushes posted on social media, especially if the post on my wall was all about Korean actors and actresses. In addition, "Sana All" was also expressed because there were some of my idols on social media who are so gorgeous, talented, and beautiful; so sometimes I could not control myself in expressing "Sana All" (Participant 15)*

It can be noted that the student-participant used Sana All to express his admiration with his classmates and crushes posted on social media. Moreover, the student also expresses the phrase on social media when they admire someone.

### **Group Belongingness**

Belongingness is the human emotional need to be an accepted group member. Maslow (1943) stated that the need for individual, interpersonal relationships motivates behavior. Examples include friendship, intimacy, acceptance, receiving and giving affection, and love. In this context, the student-participant wants to connect to others to feel a sense of belongingness as what the participant shared;

*"I used Sana All. I could relate with them, and the millennials commonly use this phrase. I feel a sense of belongingness in society, especially in school with my friends (Participant 2)*

The response above clearly implied that Participant 2 noted that he used "Sana All" in conversation because he wanted to relate with his friends, and the millennials commonly used this phrase. The participant also feels a sense of belongingness in society, especially in school with friends. Maslow (1943) emphasized in his theory that one of the levels of human needs is social and involves feelings of belongingness.

Another participant shared:

*"Sana All," I think I used it mostly in social media because I have a lot of friends there whom I can confidently express the phrase (Participant 12).*

Participant 12 reported that when the phrase "Sana All" is used in social media, she meant the confident expression of the phrase among her friends. This statement also meant that when the participant used "Sana All" in social media, the participant boosted her confidence to express what she wanted to express among her friends. This also means that "Sana All" is used in social media and other communication settings to level the confidence necessary for social interaction.

One participant interrupted:

*"I like the expression "Sana All" because it is new and trending. Something that, if you say it, means you belong to the group, and you are not isolated from your friends, especially on social media (Participant 8).*

In this response, participant 8 tends to mean that he feels a sense of belongingness every time he uses the phrase Sana All. He feels he belongs to the generation of millennials, where Filipino millennials are fond of using different expressions and memes, including abbreviations. Monro (2018) explained in his article that Millennials used trendy words to be part of the group. Based on the statement above, Participant 8 tends to mean that by using this phrase, he can connect with others and create relationships/bonds or link with other groups of people, and he cannot be ostracized by his friends when he uses the phrase "Sana All."

### **Part of the Fad**

Students adopted trendy words or expressions to be part of the fad. They want to prove to themselves and others that they are updated regarding trendy words. In her article, Collom (2017) mentioned that language tends to evolve quickly, with each generation bringing in new terms and making them popular. The participants used trendy words to feel updated about the language in this context. They adopted the expression and used it as part of their life. Participant 4 stated that:

*"Sana All"? Yes, I usually use social media. My relatives were fond of using it kaya NAKIKIUSO NA RIN AKO. (Participant 4)*

Participant 4 reported using "Sana All" mostly in social media. His statement "NAKIKIUSO NA RIN AKO" would mean that he used this phrase because it is a very trending expression that could influence his life. Participant 4 wanted to say that his environment influenced him, especially his peers or relatives. Because the expression is very trendy and most people are using it, he adopted it and used it as part of his life.

Another participant shared:

*"I used "Sana All" in social media because of the latest posts of my friends there that I want to have and experience, (Participant 1)*

The participant above used Sana All in social media. He reported wanting to experience what others have, so he expressed the phrase Sana All. When there is a recent post, especially if the post pertains to the successful lives, luxurious things, love life, etc., of the individuals, he uses the phrase Sana All.

### **For Admiration**

In this context, "Sana All" expresses admiration or appreciation for someone who experienced a good life. The statement of the participant below supports this:

*"Sana All" in social media. The best thing to express my admiration to someone (Participant 2)*

Again, this participant mostly used "Sana All" in social media. The participant reported unconsciously uttering "Sana All" when admiring someone on social media. When someone has achieved an award and actively participated in any curricular and extracurricular activities, he used the phrase Sana All. When his friends posted their love lives or good things that happened in their lives, the participant used the phrase Sana All.

### **Peer Factor**

One of the reasons why some students are eager to use trendy words is just because of their peers. Monro (2016) stated that millennials quickly adopt trendy words because of their peers. This statement suggested that peer factors have an impact on the individual. One of the participants uttered that:

*"I used "Sana All" when we have friendship gathering to strengthen the relationship or bonds between and among my friends, (Participant 19)*

Participant 19 also used the phrase "Sana All" in social media. This participant tends to mean that every time he uses "Sana All," he means to sustain the relationship or bonds

between and among his friends. These trendy words can build and strengthen relationships with one another. The phrase "Sana All" can also unify the friends' bonds that might contribute to having a peaceful and good rapport between and among others.

### **Influence Others**

Using the phrase "Sana All" in social media might add charisma to a person. In this context, the phrase is used to influence others, like;

*"I like "Sana All" to be used in social media because you can also influence others to say it, unlike at home, I cannot use it because the people there could not relate to me (Participant 7)*

As reported by Participant 7, he used "Sana All" in social media. Using Sana All in social media might add charisma to a person. Brandon (2018), in his article, said that the advent of social media has been influencing the terms used in today's communication. In this context, "Sana All," as reported by this participant, can attract or influence one's behavior to act according to the will of this participant; meanwhile, by using this phrase, he can change the behavior of other individuals to act accordingly.

### **Give Comments**

One way to express the likes or dislikes of the student participants is through using various emojis or emoticons on social media. Participants 11 and 9 cited that:

*"I used "Sana All" in social media to give my comments to something which I do not have, (Participant 11)*

*"I was joyfully using the phrase "Sana All" mostly in social media because my friends were posting their good experiences when they were in good places, imported foods, and other joyful experiences. (Participant 9).*

Participants 11 and 9 cited that they used the phrase "Sana All" to give comments to the posts that their friends posted on their walls, such as good places, imported foods, and other joyful experiences. Every social media has its emojis or emoticons, but because they do not



express what they want to express in social media, they use the phrase "Sana All" as a substitute for these emojis and for them to express their feelings appropriately.

### **To connect and build rapport.**

Most participants use "Sana All" in social media to connect/link, build, and strengthen relationships between and among their friends. Social interaction is one way to acquire language and develop the holistic personality of an individual. Thygarajana (2016) mentioned that language is a potent tool that aids in building new relationships and experiences. The participants proved this based on the statements below:

*"I used Sana All to connect with others, and social media is the venue for expressing life activities. Through social media, we can connect and make a linkage to others. We can share our experiences and lifestyles with others (Participant 6).*

Participant 6 reported that one of the purposes of using "Sana All" is to connect with other people. Social media are sometimes the venue for the expression of life activities. Using the phrase Sana All made other participants connect to their friends in the classroom/social media.

Some participants also shared;

*"My purpose of using Sana All is building bridges with others. We can make friends, bond strongly with relatives, and share our experiences (Participant 13).*

The responses above showed that the participants learn through their environment, such as their peers, friends, and relatives. One way to strengthen this is to use the phrase "Sana All" to bridge the gap and connect harmoniously and appropriately to one another. By using this phrase, according to these participants, they could socialize confidently, thus building a solid relationship.

### **To dream for something**

The phrase "Sana All" in this context is not only used as admiration, giving of comments,

and appreciation but also to dream for something. This context affirmed Louie's (2019) idea that people use the phrase "Sana All" when dreaming of something. The statement below supports this:

*"Social media is the best place to say "Sana All" where you can dream for something which others have, (Participant 5).*

During the FGD, this participant wanted to be a doctor. Whenever he visited social media and saw medical practitioners in the headlines, he dreamt of being a doctor and uttered Sana All. Meanwhile, Sana All can be a form of dream expression where people can use it and dream what they want to be. To have something others have is rewarding and fulfilling, so the participant uses the phrase "Sana All" to dream of something others have.

Generally, most student participants use "Sana All" on social media. One of the reasons is for them to give comments for something they do not have, for expression, for group belongingness, and it is the proper venue to wish for something good which they do not have; to influence others to use the phrase "Sana All."

The use of social media is significantly trending nowadays, especially among millennials. These social media platforms changed the way of life of every Millennial by allowing them to connect with others. Since social media is very trending, millennials use it as a mainstream to popularize the phrase Sana All and connect and influence one another. The role of social media intensifies communication, which is to be incorrect but fondly used, such as expressions, abbreviations, and memes. As Monro (2018) reported, the Millennial language is a rich source of new words and phrases, which are as fast as they are created by this generation and quickly adopted by the mainstream. Filipino millennials also adopted these words and phrases to make communication funnier and more exciting and strengthen their bond with their peers, relatives, and friends. Such a word or phrase that they commonly use now in the mainstream is the phrase "Sana All."

Table 3. Meaning of "Sana All" in School

Communication Setting	Meaning in Context
School	a. Proof of being Millennial
	b. When project is accomplished
	c. Compliment
	d. Recognition
	e. Sense of Belongingness
	f. Appreciation
	g. Form of Amazement

Table 3 reflects the emergent meaning of the "Sana All" used in school. As reflected, the student participants used the phrase in school to prove that they are millennials and to be aware of classroom activities such as school projects. This was also used when the student was praised by their teachers. It is also a form of recognition and appreciation, mainly when someone receives an academic award. This boosts the confidence of the students to participate actively in classroom activities because they can feel a sense of belongingness.

#### ***Proof of Being Millennial***

Millennials are the most studied and talked about generation to date. They are the first generation to grow immersed in digital technology, shaping their identities and creating lasting social and cultural attitudes. Baker (2016) explained that Millennials are the youngest generation who established language shifts to create a generational identity. Based on this study's result, most participants were eager to use and adopt the new words or phrases learned from the environment to prove that they are millennials. To support this, one of the student participants shared:

*"I used "Sana All" in school because most of my classmates are using it, and I adopted it, (Participant 3)*

Participant 3 reported using "Sana All" in school because most of her classmates use and adopt it. This statement implied that the participant is also a user of the phrase in the school through the influence of her classmates. She used it because the phrase "Sana All" is rich in the environment. By using the phrase, she could feel that she belonged to the environment of the digital natives.

#### ***When a project is accomplished***

In education, the output of every student has something to do with the student inside the class. Sometimes, it motivates them to do and accomplish the given task. In this context, the student-participant used "Sana All" when an accomplished project was in the classroom. Output is a student's performance that shows students' overall knowledge and skills learned in the classroom. When the project is accomplished elegantly, the teacher is expected to provide positive feedback on that student or group of students.

Another participant shared:

*"I used "Sana All" in school every time my classmates finished their project elegantly, (Participant 14).*

Participant 14 stated that he used the phrase "Sana All" if there was a significant accomplishment of the students and they had accomplished a project elegantly and submitted it to the teacher on the given schedule.

#### ***Compliment***

Receiving a compliment can enhance performance, social interaction, and positivity in relationships and increase the general happiness of the students inside the class. In this part, the phrase was also used when their teachers praised the student. During the FGD, the researcher asked the students about the use of "Sana All," and the participants 17 and 20 answered:

*"I am fond of using "Sana All" when my teachers praised my classmates. (Participant 17)*

These responses implied that student participants used "Sana All" to admire someone

about their academic performance. In addition, students were fond of using this phrase to express admiration for someone else, especially those who excel in the class.

### ***Sense of Belongingness***

Belongingness is more significant than superficial acquaintance or familiarity. The need to belong is the need to give and receive attention to and from others. Maslow (1943) mentioned in his Hierarchy of Motives that the need for interpersonal relationships of individuals motivates behavior. The student-participant used the phrase to promote a sense of belongingness.

*"My purpose is to gain confidence whenever I use the phrase "Sana All." By using this, I do not feel aloof inside the class. I can relate with my classmates so that I can interact because I feel a sense of belongingness. (Participant 16)*

Participant 16 said "Sana All" to gain attention and be acquainted with others. By expressing this phrase, participants can receive attention to build friendships inside the school or classroom and thus promote self-confidence and a sense of belongingness.

### ***Appreciation***

Appreciation is given for those who showed a favorable response in a given particular situation especially in classroom setting. In this part, participants shared their point of views about the meaning of Sana All and it was quoted that:

*"Ang ibig sabihin ng "Sana All" para sa akin ay 'yong pag-subrang bait ng teacher mo dahil ipinasa ka, mapapa "Sana All ka talaga", Participant 20)*

*"Para sa akin, ang ibig sabihin ng "Sana All" ay kapag binigyan ka ng sagot ng kaklase mo during exam, mapapa "Sana All" ka talaga", Participant 6)*

*"When my classmate received an award in school, I say, "Sana All" Participant 20)*

Participants 20 and 6 noted that aside from a sense of belongingness, "Sana All" was also

used to express appreciation, primarily when their classmates provided an exact answer to the teacher's question and were given rewards such as good grades upon submitting an elegant project or output. The phrase was also used as a form of appreciation in the examination period where your classmates provided an answer.

### ***Form of Amazement***

"Sana All" in this context is also a form of amazement, mainly when someone receives an academic award. This boosts the confidence of the students to participate actively in the classroom activities. Participant 19 stated that:

*"I used "Sana All" in school when I was amazed by the presentation of my classmate, Participant 19)*

The phrase "Sana All" was used by Participant 19 as an expression or form of amazement. It is also considered a strong expression of astonishment or surprise. In this context, participant 19 expressed amazement to one of his classmates who presented well inside the classroom. He used Sana All because he was surprised and astonished with the presentation, which was well-presented by his classmate.

Generally, the school is one of the identified communication settings where the student participants used the phrase "Sana All." Other participants also responded that using "Sana All" boosts the student's confidence to participate actively in the class. It is a mechanism that allows them to interact and socialize with others inside the classroom. Using the phrase "Sana All," they could not be intimidated by their classmates; instead, they felt at ease inside the classroom, especially when participating.

Based on the student participants' responses, most are active users of this phrase because they want to express strong admiration for others, especially those who excel in curricular activities. Baker (2016) cited that the youngest generations have always been the ones to create a generational identity or gain power in a situation where they do not typically have it.

Table 4. Meaning of "Sana All" in Home

Communication Setting	Meaning in Context
Home	a. Comfort Zone
	b. Proof of being Millennial
	c. To relate with siblings

Table 4 reflects the meaning of "Sana All" at home. Based on the responses of the student participants, the phrase was used at home as a comfort zone, proof of being a millennial, and to relate with siblings.

### **Comfort Zone**

A home is where participants can find relaxation, peace, and harmony and where they experience low anxiety. To prove this, participants 13 and 16 shared:

*"I used "Sana All" in the home because home is my place where I can express what I want to express," Participant 13)*

*"There is no place like home to express or say "Sana All" because I am comfortable with it, Participant 16)*

The participants used Sana All at home because it is their comfort zone where they are familiar with a person when they are at ease and in control of the environment. Sana All was used in this context because these participants wanted to express their comfort with the environment, such as their parents, peers, and relatives.

### **Proof of being Millennial**

Millennials are very fond of using trending words. One participant mentioned in this part that "Sana All" can be used in social media to prove that they belonged to the millennials, but the phrase can also be used at home as proof of being Millennial. For example;

*"I used "Sana All" in home para masabing parents ko na modern na ako.haha-haha, Participant 15)*

Participant 15 noted that he used "Sana All" so that his parents could tell that he belonged to the millennials. This statement also suggests that using "Sana All" in the home can be a manifestation or proof of belonging to the digital natives.

### **To relate with siblings**

As reported in the previous statements, "Sana All" can bridge the gap and build strong relationships with peers, friends, and relatives. The participant below stated:

*"I used "Sana All" at home because I can relate with my siblings who also use it (Participant 18).*

Participant 18 cited that the phrase was used to relate to other family members, such as the sibling. Using this phrase, one can build a strong relationship with other family members for a happy and harmonious one.

The real world is where one lives and the circumstances one must deal with. Existing or occurring in reality (Webster's New World College Dictionary, 2014). In this study, the Real world refers to communication apart from social media, school, and home.

Table 5. Meaning of "Sana All" in the Real World

Communication Setting	Meaning in Context
Real World	a. To connect and build rapport
	b. Wishing for something good/happen
	c. Goal setting
	d. Appreciation
	e. Admiration

Table 5 reflects the meaning of Sana All used by the students-participant in real-world situations. Some student participants are fond of using trending words such as "Sana All" to connect to other people, build rapport, set goals, and show appreciation and admiration for others.

### **To connect and build rapport.**

Building a good rapport is essential in the society. It is one of the means to avoid communication gaps and misunderstandings among individuals. It is also a process of developing a connection with someone else. This item shows that students used the phrase "Sana All" to develop solid linkages and connections with other people. This is supported by the statement below:

*"I used "Sana All" when we gathered friendship to strengthen the relationship or bonds between and among my friends.*

Based on the participant's statement, it implies that using this phrase in the real world can connect with their friend, peers, and relatives, thus building and developing a good rapport. This also suggests that "Sana" can be a tool to prevent misunderstanding and communication gaps within society and the nation.

### **Wishing for something to happen**

In this context, "Sana All" means that a speaker wishes for something that he/she wants to happen in life positively. In addition, this also means that everyone will experience something other people have, such as a boyfriend/girlfriend.

This statement was supported by the responses of the student-participants:

*"Para sa akin ang "Sana All" ay isang salita na ang kahulugan ay gusto niya ng magkaroon ng bagay na kong anong merong sa taong iyon halimbawa kasintahan. Gusto nya magkaroon ng jowa kaya napapa "Sana All", Participant 5)*

We tend to use "Sana All" when we are wishing for something which we don't have and which we feel happy with our classmates, Participant 11)

To continue, some participants said that:

*"Para sa akin ang ibig sabihin ng "Sana All" ay kung wala kang masasabi sa mga nakikita mong naging successful sa buhay ay mapapa-"Sana All" ka na lang at kumbaga gusto mo ring maging successful gaya niya/nila, Participant 3)*

*"Para sa akin ang ibigsabihin ng "Sana All" ay sana lahat ay nakakaranas niyan pero in a positive things.", Participant 4)*

The above statements showed that the participants used the phrase to wish for something to happen. Based on these statements, the meaning of this phrase is to wish means to finish something that you have started with, such as studying. Further, these words, as the meaning of "Sana All," also imply that the speaker wishes to be a successful individual in the future like other successful individuals.

### **Goal Setting**

In the real-world situation, Sana All according to participant means a goal setting. The phrase was used to mean setting a direction/guide the students with their ultimate fulfillment of their plans and expectations. In fact, one of the participants shared:

*"Para sa akin ang ibig sabihin ng "Sana All" ay halimbawa maka-pagtapos ng pag-aaral ang isang tao kailangan mo rin sabihin ang "Sana All" kasi dapat all nga makapagtapos ng pag-aaral, (Participant 7)*

Based on the statement above, the phrase "Sana All" further means that a particular student is planning their objectives to fulfill their expectations and goals in life.

### **Appreciation**

In this context, appreciation, as the meaning of "Sana All," entails appreciating or giving commendation or recognition to a favorable response. For example,

*"Napapa "Sana All" ako 'pag my nagbibigay sa akin ng magandang bagay na wala ng kapalit.", Participant 19)*

It can be noted that Participant 19 meant that when someone did a favorable action, and

that person did not need anything in return, you could say "Sana All" as an appreciation. The meaning of Sana All as appreciation further suggests that a person is grateful to have something that others do not have. This is also a form of gratitude shown to a person who responded favorably in one act.

**Admiration**

The sense of wonder, delight, and pleased approval inspired by anything makes student participants happy and inspired. The phrase "Sana All" in the statement below emphasizes a form of admiration. As stated by the student-participant:

*"I tend to use "Sana All" when admiring someone, especially successful people and those who made their names in the history and Guinness Book of Records. I also used "Sana All" to admire my beautiful classmates (Participant 1).*

In this context, participant 1 noted that his expression of Sana All means admiration for

someone, especially those who made their names in history. Expression of this phrase also means that the person has considerable respect or courtesy to a particular who contributed a lot to a particular community. Such respect also entails admiration. As a form of admiration, Sana All further means appreciation, especially when someone is good-looking. Admiration, in this sense, focuses mainly on the physical attribution of a particular individual.

Generally, the study revealed that the phrase "Sana All" is used by student participants in Social Media, School, Home, and the Real World. The phrase connotes admiration, appreciation, wishing for something to happen, and strengthening relationships with others. Various meanings were generated depending on the communication setting. Baker (2016) stated that it is the nature of the millennials to connect and build rapport with others to feel a sense of belongingness. In addition, Thygarajana (2016) emphasized that language is key for everyone and would aid in conforming to a new society and new people.

**Linguistic Concept**

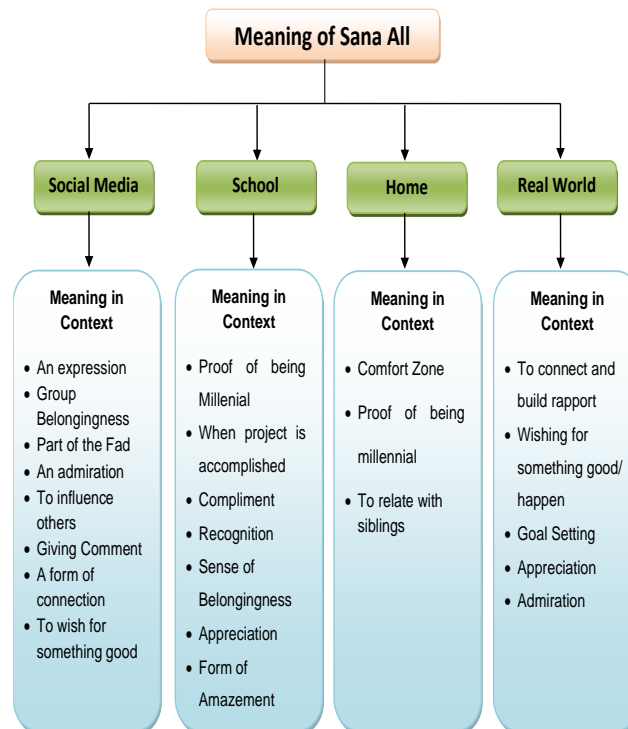


Figure 2. Linguistic Concept Based on Findings (Dangalao, 2020)

This figure shows the linguistic concept based on the findings of this study. As reflected, the first box contains the phrase "Sana All." Under this box, four (4) boxes connected to the phrase "Sana All" show the various communication settings where the student participants used the phrase "Sana All." Such identified communication settings include social media, school, home, and the real world. Then, under the four (4) boxes is the meaning of "Sana All." These boxes focused on the different meanings of "Sana All," including its meaning in context and the purpose of using the phrase. Lastly, based on the study's findings, the researcher produced a linguistic concept on the teaching approaches/strategies on pragmatics and semantics.

The result of the study implies that the phrase "Sana All" was commonly used by the student participants on social media, followed by the school, in the real world, and at home. Social media was used because people found this phrase funny and helpful in communicating in the digital age. This is the venue where the millennials can communicate and socialize with others through the tip of their hand. Monro (2016) cited that millennial language is a rich source of new words and phrases that are as fast as they are created by this generation and quickly adopted by the mainstream. Moreover, student participants seem to mean "Sana All" to hope, wish, dream, and appreciate something positive. The student-respondents used "Sana All" to express group belongingness, admiration, and comfort zone to wish, dream, hope, and appreciate something positive in an identified communication setting. This affirms the idea of Mark Louie (2019) that "Sana All" means that people hope that someday they will be in a good and comfortable situation and have things as they see in social media, such as love life, career, travel goal, a house, a happy family, and others.

Finally, the figure also shows the linguistic concepts produced by the researcher, such as the teaching strategies on pragmatics and semantics. Teachers should modify their teaching approaches/strategies and adopt the trendy words of 21st-century learners since the phrase may contribute to their performance inside the classroom.

## Conclusion

In the light of the findings of this study, the following conclusions have been drawn:

1. Students use "Sana All" in various communication settings. They use this phrase when wishing, admiring, appreciating, and strengthening their relationship with others.
2. Teachers should adopt the trendy words and include them in their teaching strategies when teaching pragmatics and semantics.

## Recommendations

The following are strongly recommended.

1. The phrase "Sana All" can be integrated into the teaching process so that students can boost their confidence and feel a sense of belonging inside the classroom since some students use the phrase in school. Moreover, teachers should also teach and guide students on using the phrase "Sana All," especially on social media, since some netizens are abusing it and using it as a form of cyberbullying.
2. Parents should be educated on using "Sana All" as part of the millennial language that plays a crucial role in expressing the young generation's linguistic sentiments.
3. Every teacher, regardless of the subjects taught, should analyze the language phenomena using different theories to be aware and find out the real meaning of words uttered by 21st-century learners in different settings.
4. A similar study is recommended using other variables such as teacher-related factors, like teaching strategies, teaching technologies in teaching, leadership potential of the teachers' problems, and coping mechanisms for using "Sana All" inside the classroom.

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